

Saint Rita Catholic Community

Adult Confirmation Checklist

- Complete an Adult Confirmation Request Form.*** Please complete this form and return it to the Director of Faith Formation.
- A recent baptismal certificate.*** Please contact the parish of your baptism and request a new baptismal certificate.
- Address any marriage issues you might have.*** If you have been divorced, remarried, or married outside of the Church, please let us know right away.
- Come to our preparation session.*** Join us for a two-hour catechetical session and discussion.
- Choose a sponsor.*** Please choose a sponsor for confirmation. If possible, ask your baptismal godparent(s) to act as your sponsor(s). If that is not possible, please ask someone who is a Catholic in good standing with the Church to be your sponsor.
- Make your confession.*** Please make a good confession prior to the celebration of Confirmation.

From the *Catechism of the Catholic Church*

§1309-1311

Preparation for Confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit - his actions, his gifts, and his biddings - in order to be more capable of assuming the apostolic responsibilities of Christian life. To this end catechesis for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community. The latter bears special responsibility for the preparation of confirmands.

To receive Confirmation one must be in a state of grace. One should receive the sacrament of Penance in order to be cleansed for the gift of the Holy Spirit. More intense prayer should prepare one to receive the strength and graces of the Holy Spirit with docility and readiness to act.

Candidates for Confirmation, as for Baptism, fittingly seek the spiritual help of a sponsor. To emphasize the unity of the two sacraments, it is appropriate that this be one of the baptismal godparents.